

The Not for Nothing Fifty

27th/28th February 2010 - Route Description

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Ahd - Ahead	BL - bear left	BR - bear right	BW - bridleway
Cont - continue	FB - footbridge	Fd - Field	FK - Fork
FL - Fork Left	Fllw - Follow	Fm - farm	FP - Footpath
FR - Fork Right	HG - Hedge	immed - immediately	
junct - junction	KG - Kissing Gate	L - left	NCN - National Cycle Network
NCP - Norfolk Coast Path	NT - National Trust	m - metres	
PH - public house	PSB - Poop Scoop Bin	R - right	
Rd - road (mRd - minor Rd)		SLOT - Same Line Of Travel	
SO - Straight On	SP - signpost	ST - stile	thru - through
TK - track	TL - turn left	TR - turn right	
WTP - White Top Post		WM - waymark	
WMP - Waymark Post		WW - Weavers Way (note 3)	
X - cross	XR - Cross-roads	PW - Paston Way	
(170) - bearing 170 (magnetic)		(TG 203 024) - Grid Ref (example)	

- Notes:
1. "... on R ..." means "... on **your** R ..."
 2. Numbers on left are distances in miles.
 3. The WW marked on OS maps is **not** always as waymarked. The Council have amended the route. This route is the one you follow.
 4. **Map is OS LR 133 or Exp 252 (Exp 040 covers 7 miles).**

Start at Hanworth Memorial Hall (TG 193 355)

Start at: 08.00 Walkers - 09.00 Non-Walkers

TL on mRd.

At junction **BL** with mRd to keep common on L.

X cattle grid.

In 1100 m, at T-Junction, **TR**.

1.0 (TG 191 370)

In 450 m, at FPSP on L, **TL** over FB. Continue on grassy headland.

At broken WMP on R, 35 m before Fd corner, **BR** through gap in HG on obvious path.

TL and **TR** with Fd edge path, later wood on L.

In 500 m from start of wood, at end of wood and WMP on L, **TL** through gap in HG to mRd, ignoring WMP. **TL** on mRd.

In 200 m, at FPSP (*WW WM*) on L and before conifer HG on R, **TR** through HG gap. **Uphill** (325), aiming between electricity poles.

At mRd **TR**. Just after 30mph signs and L bend, **TR** (*A & J Young Pottery*) on TK.

2.5 (TG 180 379)

Cont to L of Fm building and past sign (*Common Farm*) through gateway.

At R bend in drive, **SLOT** on path (*WW WM*) thru trees.

At mRd **TR**.

3.1 (TG 185 386)

In 50 m **TL** (*WW WM on R*) thru gap in bank past WW information board on path thru trees.

Just before lake **TL**, (*WW WM*) on well made path, lake now on R.
(*Felbrigg Hall can be seen on hill beyond lake*)

Cross FB and thru gate.

(*Please fasten all gates on Felbrigg Estate*).

Just after large oak tree on R, **TR** (050), heading towards Felbrigg Hall.

At gate, **TR** thru gate onto walkway.

At end of walkway ascend between fences.

At top **TL**, still between fences.

65 m after path descends, at large oak tree, **TR** thru gate.

Fllw waymarked path, white arrows, (050). **BR** with path towards hall.

At estate Rd **TR**, hall now on L.

Thru handgate and between wooden posts. **Thru** carpark.

Cross cattle grid and follow estate road.

4.2 (TG 196 393)

SLOT through gate by next cattle grid and (090) across field aiming for gap in small plantation ahead.

SLOT towards gate.

Thru gate and **Fllw** TK.

Pass war memorial and **SLOT** on footway.

In 200 m cross Rd with care to TK (*white railings, "Drift Cottage Farm", WW*).

5.0 (TG 207 395)

Fllw TK. At end of TK **SLOT** on grassy path, HG on R.

At end of Fd, **SLOT** on enclosed path.

Just before Rd, at end of fence on L, **TR** on narrow steep path thru trees.

Stay within trees, do not enter field.

In 85 m **TL** down slope to descend steps.

Cross mRd and up steps to Fllw Fd edge path.

At WW WM, at corner, **SLOT** (055) across Fd.

At Fd corner (*WW WM*) **SLOT** to join TK and cross railway bridge.

5.8 (TG 212 407)

SLOT through KG and **SLOT** on TK across Fd.

At corner **BL**, SP WW on L, (020) to gates to R of house.

Thru KG and **cross** Rd with care. **TL**.

In 90 m **TR** past double gates and **BL** thru young trees on path across FB.

Fllw path (*wire fence on R*).

Join tarmac path, then thru trees.

Just before grassy area, ignore FPSP WW, to rejoin tarmac path by Rd.

Fllw Rd to cross-roads.

Cross into Cabbell Road, **SLOT** across Canada Road. **SLOT** across Cadogan Road.

At Junct **TL** to cross Rd at crossing. **TR** and in 15 m **TL** at lamp post. **TL** on

promenade and in 120 m at acorn WM **TL**. Just before Rd **TR** inside wall to follow path via three sets of steps.

Fllw path diversion past bowls green.

At end of green follow path by Rd, and **BR** around Blue Sky Café to carpark, checkpoint and toilets.

CP1, Runton Road Carpark, Cromer **7.2 miles (TG 212 424) - Opens 9.30, Closes 10.50**

Retrace steps to **BL** around Blue Sky Café to Rd.

TL on path by Rd, following path diversion signs past bowls green.

SLOT on path via three sets of steps to **TL** opposite low brick and flint wall.

TR following acorn WM (*Norfolk Coast Path*) at cliff top, (*later Cromer Pier on L and church ahead*).

BL in front of “Regency Fish and Chip Restaurant”. **BR** along promenade.

Pass Hotel de Paris (on R). **TR** (*Jetty Cliff*), at end **TL** (*church on R*).

Pass Red Lion Hotel, ahead on narrow path between railings.

At end **TL** over slipway. Pass thatched hut on L then immed **TL**.

Cont on Cliff top tarmac and gravel path.

At PSB **SLOT** (*ahead up Happy Valley*).

Just before bandstand on R, **SLOT** on path up hill.

8.2 (TG 226 419)

In this section keep on approx (120) following cliff top path to Overstrand ignoring all paths to R. Continue on path towards top of cliff.

(*ignore ‘No Public Right of Way’ sign*).

Ahd with golf course on R to eventually join golf course path at 14th Tee (*concrete block on R of path*).

In 60 m **BL** to leave golf course path.

At end of golf course **Ahd** (*later fence on R*) to enter carpark by flagpole.

9.6 (TG 246 410)

SLOT (*toilets on R and fence on L through gap past three seats*) to Rd.

SLOT. At corner uphill on path, barrier on L.

Follow Cliff Rd. At T-junct **TL** (*passing White Horse PH*).

At no through Rd sign, **TR** (*PW*).

At T-junct with main Rd **TL**. Opposite ‘phone box **X** Rd and **SLOT**.

Just after No 24 (*Sea Marge Cottage*), **TR** up BW.

10.5 (TG 253 402)

Cont uphill through trees. In 300 m **SLOT** on TK to Rd. **TL**.

11.0 (TG 253 394)

In 20 m **TR** on TK (*FPSP*). Cont on TK.

At small pond on R **BL** with TK.

Pass large pond (*sign on L, The Legend of the Shrieking Pit*) in trees on your L.

In 70 m **FR**. In 300 m, at start of copse, **SLOT** on narrow path, leaving TK.

At Rd, **TL**.

11.7 (TG 252 384)

In 1.5 miles at church **BL**. Opposite seat (*on L*) **TR**.

At T-Junct by Vernon Arms **X** Rd and follow to village hall on R.

CP2 Southrepps Village Hall

13.1 miles (TG 256 364) - Open 10.40, Closes 12.55

From checkpoint return to loke and **TR**. Pass play area and ahead down enclosed path. **SLOT** L side of Fd. At end of Fd enter enclosed path between HG and fence.

At Rd **X** (*Long Lane/ Chapel Road*) into Quiet Lane (*Bradfield 1¾*).

13.8 (TG 258 354)

In 185 m just after FPSP **TL** down enclosed path. At Rd **TL**.

Over X Rds into Quiet Lane opposite (*Bradfield 1¼*).

14.1 (TG 259 350)

After 0.7 mile **TL** (*Trunch 1½ Quiet Lanes – NCN regional Route 30*).

14.8 (TG 268 343)

In 270 m (*at Warren Farm on map*) **TR** (*FPSP*) on concrete drive.

Dogs on leads please until you have passed through the kissing gate and entered the enclosed path. There are goats in the yard, before the kissing gate, which are afraid of dogs. Please ensure that any gates remain closed and fastened.

Cont on grass, through KG and down enclosed path.

Cont on path to bend L and exit wood on grass TK between fields.

Follow TK. In 500 m at T-junct **TR** (*WM*).

15.5 (TG 276 344)

Before field gate with three WMs, **TL** on TK. At Rd **TR**.

16.3 (TG 279 339)

Where Rd bends R **TL** on enclosed FP (*FPSP*). Through KG.

Cross Rd (*SP Public FP*) to follow path between fields (*HG on R*).

At end of Fd through gap in HG (*FPSP*).

17.2 (TG 293 339)

X Fd, **SLOT** (95).

At TK **X** and **SLOT** on green TK, HG on R. **Just before TK bends R to Farm, SLOT** downhill on narrow path (*BW WM*) to Rd. **X** Rd and follow WMs to R. At Fd corner **TL** with HG on R and follow around wood to Rd.

At Rd (Quiet Lane marker post) **TL**. Pass 30mph signs (TG 304338).

Just past first 30mph repeater sign on tall post on R short WMP (*Green arrows, Norfolk CC Quiet Lanes*) on L **BR** on dead end road to R of small cottage.

Pass bollard and at end **TR** on Rd.

18.2 (TG 305 340)

Pass church and mRd (*Pond Lane*) on L.

In 30 m at FPWM **TR** (*Timber Loke*) on TK.

TK becomes grassy. At Fd **BL** (155) to follow power line.

Thru gap and **SLOT** on path becoming enclosed.

Cross old railway bridge.

At TK **cross** to FPSP (*Paston Way*). Cross Fd (135) sign (*“Footpath Only”*).

Thru gap and **SLOT**. At mRd **TR**.

18.9 (TG 313 334)

TL (*Edingthorpe ¾ via Quiet Lanes*).

At R bend by concrete pad **SLOT** into Fd and immed **TR** (*FPSP*) on grass TK parallel to Rd.

At gap in HG on R (*large tree on opposite side of Rd*) WMP on R **TL** (090) across Fd on grassy path, HG later on R.

In corner, 90 m after HG starts on R, **TR** thru gap (125) across Fd.

At boundary **TR**, path becoming enclosed. At mRd **SLOT**.

At junct cross (*“North Walsham via quiet lanes”*).

19.7 (TG 319 327)

In 750 m, at cross-roads, cross with care (*“Bacton Wood picnic area ½”*).

Just after deer warning hazard sign on L, at junction, **TR** (*“Bacton Wood”*).

Fllw TK around to L (*“Forest Enterprise”*).

Before barrier, **TR** to CP in carpark

CP3 Bacton Wood

20.7 miles (TG 317 311) - Open 12.10, Closes 15.45

- Retrace steps to **TR** thru barrier.
Fllw Yellow/Red top posts.
 At T-junct, just past Grandfather Oak on L, **TL**.
- 21.3 (TG 311 306)**
 At next junction **SLOT** (*Blue/Red top post*).
 At edge of wood **BR** and **TL** to go through Fd gate.
- 21.5 (TG 310 302)**
Cross Fd (200).
 At pond **BL**, hedge on R.
 Pass through gateway and **TR** through pair of field gates.
 Immed **TL**.
 Cross stile.
SLOT (*Dilham Canal on R*).
 At Rd **TL** and immed **BR**.
- 21.8 (TG 311 297)**
 In 25 m, just after phone pole, **TR** past sign (*"River Farm Holiday Cottages"*).
 In 725 m ignore TK on R and in 60 m **SLOT** across Fd on grassy path (*FPSP*).
 At hedgeline on L **BR** across corner of Fd (205) towards electricity pole and FPSP
 at gap in hedge.
 Thru gap and **B½L** (160), hedgeline on L.
 At Rd **SLOT**.
- 23.0 (TG 318 282)**
 At Rd **TR** and in 12 m **TR** thru gate (*"no motorcycles"*) onto LH railway platform.
SLOT and cross FB.
Cross Dilham canal.
Cross Rd and continue on railway path.
 Before barrier, **BR** off embankment and **down** steps.
 At five bar gate **TL** (*WM Worstead Circular Walks*), leaving WW.
Thru underpass.
- 24.1 (TG 306 274)**
 At Rd **TR** and **BL** with Rd.
 When tarmac ends **TL** (*Public Path, Worstead Circular Walks*), conifer HG on L.
SLOT on grass path behind houses, now with conifer HG on R.
 Continue on grass headland path. **TL** around HG (*with WM*).
 At next corner **TL** and immed R through gap in HG.
Fllw Fd edge path with HG on R.
 In corner (*WMP*) ahead **thru** gap in HG and **cross** Fd (175).
 At mRd **TL**.
- 24.8 (TG 305 264)**
 Ignore mRd on L and in 90 m **BR** down mRd between derestriction signs.
 At junction **SLOT**.
 In 80 m at R bend **SLOT** on TK.
 Reach concrete pad, passing building on L, and at end of concrete **TL** (*restricted byway WM on side of post ahead*).
 Enter HG lined path.
 Path joins grassy headland.
 In 300 m, after start of Fd, at crossing TK **TR** (*WM*) with HG on L.
 At Rd, **cross** onto concrete pad opposite and **Fllw** path thru trees.

26.0 (TG 314 257)

In 830 m, at concrete TK, **TL**.

At mRd corner **TR**. Over bridge with white handrails.

Flw mRd to **TR** at bend.

In 450 m ignore mRd on L, and in 300 m **TL** at junction (*grass triangle*).

27.3 (TG 309 244)

In 500 m, at junction, **SLOT**.

In 900 m, at junction, **BL**.

28.1 (TG 307 231)

In 500 m, at cross-roads, ahead (*Ashmanhaugh 1 ¼, Wroxham 4*) and immed **BR** (200) on TK.

In 1300 m, over railway crossing (*quiet please closing gates near house*).

Flw mRd past 30mph signs to end of Wateringpit Lane.

29.4 (TG 297 215)

BL across Rd (*SP Public Footpath*) to **Flw** grassy headland between Fds (235).

At WMP **TL** on headland, soon with tall trees on L.

At Fd corner **TR** and in 200 m, at WMP on L, **TL** soon HG on L.

At Rd, FPSP, **TR**.

30.0 (TG 294 207)

In 750 m, immed after railway bridge, **TR** down steps to railway path. **TL**.

In 850 m reach brick bridge with metal handrail (*No 1295*).

15 m after the end of the bridge, **TL** down steps to Rd. **TR**.

31.1 (TG 280 205)

In 320 m ignore mRd on R and in 80 m where Rd bends L **BR** (230) on BW between fences.

At end of fences **SLOT**, hedge on L, later path is enclosed.

At mRd **TL**.

At Rd **TR** (*Church St*).

In 100 m pass Red Lion PH and in 160 m, just after church on L, **TR**.

In 400 m just after St John's Close enter CP on R.

CP4, Coltishall Church Rooms

32.0 miles (TG 271 201) - Open 14.00, Closes 20.30

Leave CP and **TR**. In 195 m **TL** (Westbourne Rd). At Junct **TR**. In 12 m cross Rd and **TR** down driveway. In 25 m **BL**, to L of brick wall (*do not enter B&B*).

SLOT across carpark to join railway path and **TL**.

Under metal road bridge. Over brick railway bridge.

33.0 (TG 262 209)

Under metal road bridge.

33.9 (TG 252 218)

Thru metal gate and cross railway, **TL** to follow railway path (*now on opposite side*).

Thru gate. Thru metal gateways.

34.3 (TG 246 220)

Thru second set of metal gateways.

34.6 (TG 242 222)

Cross metal railway bridge and river Bure.

Cross metal railway bridge over Rd. Pass Buxton Station.

35.2 (TG 233 228)

In 1300 m over Rd Br (metal handrail).

In 300 m over Rd Br (brick) & past Brampton Station.

36.2 (TG 221 238)

In 520 m under brick Br & in 300 m under second brick Br.

In 200 m over the Mermaid via brick Br.

In 950 m thru gate, cross mRd and thru gate by house.

In 620 m under Rd Br & in 500 m thru gate by house (*"Pedestrians look both ways"*) & cross MRd with care.

38.2 (TG 202 262)

Thru gate (*"Bure Valley Railway"*). **Fllw** path with fence on R. Enter enclosed path. Pass PSB and at end of gravel path cross station carpark with Aylsham station buildings on L. Exit carpark onto mRd and **TL**.

At Rd junction **TL** and continue, with station buildings on L, past mini roundabout.

Immed **TR**, crossing Rd, to enter Marriott's Way railway path thru small gate.

In 320 m, pass under metal bridge and brick railway bridge.

Thru gap by gate, cross Rd and continue past barrier on sandy path.

39.1 (TG 187 263)

In 260 m over metal-railed bridge (over Rd).

In 900 m thru metal barrier and **TR** on mRd.

Fllw mRd around L and R bends.

At next L bend (TG 175265) **SLOT** on byway.

40.0 (TG 174 265)

In 220 m ignore byway on R.

At mRd (TG 171269) **TR**.

In 260 m, just after mRd bends R, **FL** on TK (*map shows as mRd*).

SLOT across mRd junction.

At T-Junct **TL** by farm buildings.

In 450 m, at junction, **TL** (*seat under tree at grass triangle*).

41.0 (TG 174 278)

In 650 m pass farm buildings on L.

Rd bends L (*WTP*), and where Rd bends R uphill, **Ahd** on TK under phone lines (*WTP*). Pass house on L (**Quiet Please**).

Pass sign on R (*"Busy Road 20 m Ahead"*) and in 8 m, at end of fence on L, **BL** (*WTP*).

At next WTP **TR** to Rd (*WTP*).

Cross with care and **Ahd** up TK opposite. In 30 m, at WTP, **TL**.

Keep to main TK bending R at WTP, then L thru mature woodland.

In 400 m **X** TK (*Racecourse Tower on R*).

42.2 (TG 160 287)

Pass WTP and **BR** and **TL** with trees on L.

At end of field on R and WTPs ignore direction arrow and bike symbol on WTPs and **SLOT**, following WTPs on path thru trees becoming (330).

At TK (*WTP*) **X** (*carpark on L*) and **SLOT** on main TK.

Path rises and swings around to an easterly direction finally descending in 1100 m to (*WTP*)

CP5, Woodgate Dog Walkers' Carpark
43.3 miles (TG 161 297) - Open 16.05, Closes 02.00

Fllw well made path to R of noticeboard.

In 1200 m (TG 167 294) enter clearing (Mausoleum on R) and TL (075) to WTP by tree.

At surfaced path **TL**.

In 70 m, at WTP, **BR** with fence on R. At end of trees **SLOT** (WTP).

Path later **BL** into trees.

At TK junct & seats, **Ahd** (WMP) towards lake.

Pass end of lake (WTP).

At WMP **TL** & **BR** to carpark. Thru to Rd & **TR**.

45.1 (TG 179 296)

In 350 m, just after third house on R, **TL** through KG into water meadow (WW).

X Fd & FB. **X** ornate wooden bridge & **TR** (warning - electric fence).

In 120m **TL** through KG.

Continue with rough trees on R.

X FB, through KG into green lane, later farm drive to Rd. **TL**.

In 250 m **TR** (WMP - WW) on TK.

Ignore all TKs to L & R & in 0.6 mile **TL** (WMP).

Cont to Rd. **TR**.

In 10m **TL**, wind thru Erpingham Village to T-junction at Spread Eagle PH. **TR**.

In 20m **BL**. In 650 m (10 m before derestriction sign) **TL**.

Over FB & **thru** gate into rough meadow.

BR (40) on path over Fd to ST.

Cont same direction to Rd corner/power pole. **BR** along Rd.

48.0 (TG 196 324)

Ahd at junct and at FPSP (WW WM) **BL** (320) across Fd to WW WMP.

BR (350) HG on L. In 30 m **SLOT**, HG on R.

At end of Fd **SLOT** in 2nd Fd with HG on R.

At WW WM (before church) **TL** around churchyard to Rd.

X Rd and **TL** on verge.

X ST by double gate (second set of gates). Fllw TK (HG on R).

At corner (WW WM) **TR**. In corner **TL** (WW WM) – now heading approx north.

In corner thru gap to mRd. **TR** and immed **BL** (Middle Hill) to **TL** on Rd.

Cont passing Aldborough CP school on right. Downhill over river bridge.

After mRd on L, in 10 m, **TR** on BW (SP) (do not take drive immd R).

(Quiet Please by house).

Later becomes green lane to Rd.

TR into Hanworth Village. Ignore Rd to L, **X** cattle grid. **TL** on mRd to

Finish at Hanworth Memorial Hall (TG 193 355)

Total Distance 50.2 miles

Opens 17.00 Saturday, Closes 06.00 Sunday

CONGRATULATIONS from Norfolk & Suffolk Group LDWA